| **Regions** | **Regional Lead****Contact Information** | **Auxiliary Independent Living Centers** |
| --- | --- | --- |
| **Albany North** Clinton, Essex, Franklin, Fulton, Hamilton, Montgomery, Saratoga, Warren, Washington | James SwansonSouthern Adirondack Independent Living Center (SAIL)71 Glenwood AveQueensbury, NY 12804Email: JamesS@sailhelps.orgTel: 518-338-2216 Fax: 518-792-0979Katie Been 518-338-2218 Katyb@sailhelps.orgSarah Frasier SarahF@SAILhelps.orgPatty Woodruff PattyW@sailhelps.org | North Country Center for Independence, PlattsburghLynden Davies518-563-9058 x 107Lynden@ncci-online.com |
| **Albany South** Albany, Columbia, Greene, Rensselaer, Schenectady, Schoharie | Debbie AbreuIndependent Living Center of the Hudson Valley (ILCHV)15-17 Third Street, Troy, NY 12180Email: dabreu@ilchv.orgTel: 518-274-0701 x 109 Fax: 518-274-7944Shannon Bastiani sbastiani@ilchv.orgElizabeth Burnette EBurnette@ilchv.orgEduc & Outreach – Pat Pfeifer pPfeifer@ilchv.org | Capital District Center for Independence, AlbanyStacey Porter518-459-6422staceyp@cdciweb.com |
| **Buffalo** Cattaraugus, Chautauqua, Erie, Niagara, Orleans, Wyoming  | Gerilyn Capps-AndersonWestern New York Independent Living (WNYIL)3108 Main StreetBuffalo, NY  14214Email: gcapps@wnyil.orgTel: (716) 284-4131, ext. 203Fax: 716-284-3230John Genensky x185 jgenesky@wnyil.org | Southwestern Independent Living Center, JamestownDavid Marg 716-484-4145david@ilc-jamestown-ny.orgBatavia WNYIL Naomi Godlove ngodlove@wnyil.org585-815-8501 X410 |
| **Long Island** Nassau, Suffolk | Michelle Darling-Downs Suffolk Independent Living Organization (SILO)3253 Route 112, Bldg 10 Suite 5Medford, NY 11763Email: Mdarling-downs@siloinc.orgTel: (631) 880-7929 x105 Fax: (631) 946-6377 Ed & Outreach Cheri Glover Cglover@cidny.org | Martha Vargas mvargas@siloinc.orgLisa Coady lcoady@siloinc.orgSarah Meyer smeyer@siloinc.orgAndrea Crisci acrisci@siloinc.org*Admin* - Eileen Thomasethomas@siloinc.org |
| **Lower Hudson Valley** Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, Westchester | Tracy MarcusPutnam Independent Living Services (PILS)*A Satellite Office of Westchester Independent Living Center, Inc.*1441 Route 22; Suite 240Brewster NY 10509Email: tmarcus@putnamils.orgTel: 845-228-7457 Ext. 1129Tracy Cell: 914-475-9144Fax: 845-228-7460Jennifer Matthewsjmatthews@putnamils.orgMichael Melendez mmelendez@putnamils.org | Resource Center for Accessible Living, Kingston Chris Al-Nazer cal-nazer@rcal.org845-331-0541 Rockland Independent Living Center Laterra McGee LMcGee@bridgesrc.org845-624-1366 Taconic Resources for Independence, PoughkeepsieVanessa Dubetsky/Kathy Sheehanv.dubetsky@taconicresources.orgk.sheehan@taconicresources.org845-452-3913Westchester Disabled on the Move, YonkersYaw Appiadu yawa@wdom.org 914-968-4717  |
| **New York City**Bronx, Kings, New York, Queens, Richmond | Dheki Lama 646-368-8034Center for Independence of the Disabled in New York (CIDNY)80-02 Kew Gardens Rd Suite 400Kew Gardens, NY 11415Email: dlama@cidny.orgTel: 646-442-1520Fax: 347-561-4883*Admin* - Ashley Francis afrancis@cidny.orgQiana Hankins 646-849-8204 qhankins@cidny.orgFred Horlback 646-430-8732 fhorlback@cidny.orgIsunami Suero 347-955-7417 isuero@cidny.orgHerbert Bennet 347-360-8018 hbennett@cidny.orgSherina Lawes 347-839-8930 slawes@cidny.orgIfeoma Okaba 646-575-8074 iokoba@cidny.orgKevin Roberson kroberson@cidny.orgBenjamin Thariath bthariath@cidny.orgEduc & Outreach –Cheri Glover 646-849-8202 Cglover@cidny.org | Brooklyn Center for Independence of the Disabled, BrooklynMehak Rizvi mrizvi@bcid.orgYvette Wilson ywilson@bcid.org718-998-3000Bronx Independent Living Services, Bronx718-515-2800 Alesha Ottenwalder alesha@bils.orgDeja Jones deja@bils.orgStaten Island Center for Independent LivingRita CaputoRCaputo@siciliving.org718-720-9016 x205 |
| **Rochester**Genesee, Livingston Monroe, Ontario, Seneca, Wayne, Yates | Susan Stahl Center for Disability Rights (CDR) 497 State StreetRochester, NY 14608 Email: sstahl@cdrnys.orgTel: 585-546-7510 Fax: 585-546-7542Ann Kaplow akaplow@cdrnys.orgJulie Lechner jsidebotham@cdrnys.orgJulie Shengulette jshengulette@cdrnys.orgAndrea Austin – Supervisor aaustin@cdrnys.orgEdu & Outreach Koren Holley kholley@cdrnys.org |  |
| **Southern Tier** Allegany, Broome, Cayuga, Chemung, Chenango Cortland, Delaware, Otsego, Schuyler, Steuben, Tioga, Tompkins | Krystal Pierre MillienSouthern Tier Independence Center (STIC) 135 East Frederick St.Binghamton, NY 13904Email: krystalp@stic-cil.orgTel: 607-724-2111 x326Fax: 607-772-3606 Peg Schadt mfp@stic-cil.orgMarcy Donahue marcyd@stic-cil.org | AIM Independent Living Center, CorningSara Rockwell-Smith srockwell-smith@aimcil.com607-962-8225Access to Independence, Cortland Anne Marie Piche apiche@aticortland.orgTerri Rigge TRigge@aticortland.org607-753-7363Catskill Center for Independence, OneontaHeather Merrill 607-432-8000 heathermerrill@ccfi.us |
| **Syracuse** Madison, Onondaga Oswego, Herkimer, Lewis, Oneida, St. Lawrence, Jefferson | Juanita Clark-AbolafiaARISE Independent Living Center635 James StreetSyracuse, NY 13203Email: jclark@ariseinc.org Tel: 315-671-2948Fax: 315-671-2977  | Massena Independent Living Center, MassenaTina Laflesh 315-764-9442 tlaflesh@milcinc.orgResource Center for Independent Living, UticaMaxine Nasby mnasby@rcil.com315-624-2523 |
| **MFP/Open Doors Nurse** | Laura Bingell lbingell@ilny.orgAIM Independent Living Center | Wed/Fri: 607-316-4952Mon/Tue/Thur: 607-962-8225 x226 |
| **Open Doors staff @NYAIL** **518-465-4650** | Suzanne de Beaumont, Project DirectorLaurie Carter, Statewide SW CoordinatorTami Loya, Education and Outreach CoordinatorSara Morris, NYC TS LiaisonMichele Pedersen, Statewide TS Liaison | sdebeaumont@ilny.orglcarter@ilny.orgtloya@ilny.orgsmorris@ilny.orgmpedersen@ilny.org |